

1 GATHER SUPPLIES

Wipe down the area you're going to use

MAKE SURE YOU HAVE ON HAND:

Paper towels (preferably in a free-standing holder)



A waste basket/trash container



A container/bowl (to collect excess liquid from syringe)



Hand sanitizer



TAKE OUT:

A heparin syringe (yellow top)



4+ alcohol wipes



Put these materials in the (cleaned) area you'll be using to administer the medicine

2 WASH HANDS

Use an anti-bacterial soap



Leave the water running while you soap up and rinse for about 20 seconds



Dry your hands with a paper towel.

Use the paper towel when you shut off the faucet



****Don't touch the faucet or anything that is not sterile after washing your hands! If you do, wash your hands again****

3 PREPARE HEPARIN

Take the heparin out of its plastic

Twist the yellow cap ¼ turn to open slightly

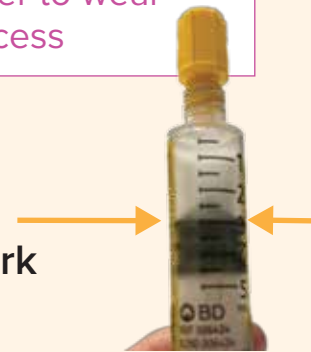


Holding the syringe upright, push the plunger gently to dispel 2cc's of liquid into your bowl or container



The heparin will not hurt you, but you might prefer to wear gloves for this process

Align the grey plunger (inside) with the 3cc mark



Check for air bubbles. If any remain, push the plunger gently until the air bubble is gone

Twist the yellow cap back ¼ turn so that it is closed (but not too tight)

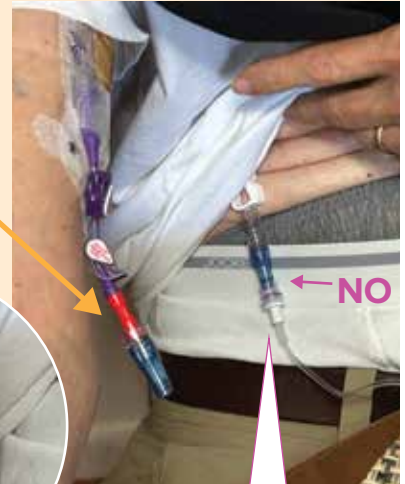
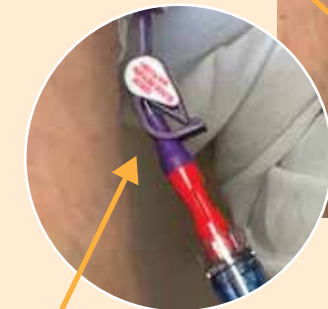


Rest it on your clean surface

You are now ready for the recipient of the injection

4 OPEN CLAMP

Roll up the gauze sleeve and find the red/short line



Locate the small purple clamp on the red/short line

****Do NOT use the line hooked up to the pump for heparin**

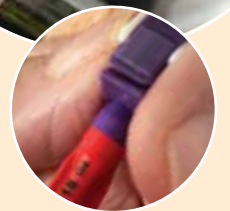


****DO NOT change the purple clamp on the medication line. It should remain as is (open)**

OPEN the purple clamp on the red line by gently pulling from the top edge



You will hear/feel a click and then see a small opening



5 STERILIZE

Sterilize the blue cap using an alcohol wipe for 15 seconds. Let it dry for 15 seconds



The blue tip is now sterile. If anything touches it, you must use a new wipe to sterilize it again

Continuing to hold the short line, unscrew the heparin cap with your other hand, letting the cap drop



Do not touch the un-capped tip of the heparin syringe as it is sterile; if you do, prepare a new syringe

6 CONNECT/ADMINISTER



Connect the heparin syringe to the blue cap of the short line that you are holding (being careful not to touch either tip)

Push and then twist

Double check: Is the heparin syringe connected to the short red line?

Push the plunger, slowly and steadily



If there is resistance: Check that the red line purple clamp is open



7 CLOSE CLAMP

When the heparin has been injected, close the small purple clamp on the red line



Continue to hold the blue port firmly

Remember: Blue stays with you!



While continuing to hold the blue cap, unscrew the heparin syringe

Once you have unscrewed the syringe, you can let go of the blue cap

Re-screw the yellow cap onto the heparin syringe, and discard



6 COVER WITH SLEEVE

Pull the sleeve up just under the red line.

Fold over the gauze one time

Tuck the red line into the part of the gauze that is folded

Pull the gauze sleeve over the PICC line

